



DATES AT A GLANCE

April 1	Autism Awareness Month
April 3-5	Gr. 10 OSSLT
April 7	GOOD FRIDAY - No School
April 10	EASTER MONDAY - No School
April 12	Music Tea House
April 19	OSAP presentation 6:00 pm - 6:45 pm
April 19	School Council Meeting
May 5	P.A. Day - No Classes
May 12	Full Disclosure
May 22	Victoria Day - No School

SCHOOL COUNCIL

emily.carr.ss@sc.yrdsb.ca

Meeting Dates:

Wednesday, Apr. 19, 2023
@ 7:00 p.m. - Library

MESSAGE FROM ADMINISTRATION

GRADE 12s - GRADUATION PACKAGE 2023 - GOWN, CAP & TICKETS - ACTION REQUIRED

Our Graduation ceremony will be taking place at The Embassy Grand Convention Centre on June 26, 2023 at 6:30 p.m. If you are graduating, you can now purchase your Graduation Package.

The Graduation Package (\$75.00) is available for purchase on School Cash Online. Please purchase your package by April 28, 2023. This will ensure that Graduation gowns and caps arrive on time.

ECSS Graduation Package - \$75.00 fee includes:

- Graduation Cap & Gown (Tassel and V-Stole included)
- 2 Guest Tickets - **Guest tickets will be required at the venue entrance** (not required for graduating student).
- Cost of: Venue, Décor, and Refreshments

If you have already purchased your tickets and gown please feel free to verify through School Cash Online - item history.

ADDITIONAL GUEST TICKETS **MAY** become available to purchase. This will be confirmed at a later date after **ALL** graduates have purchased their graduation package.

YEARBOOK - 2022-2023

Don't miss out!! Be sure to get your yearbook before it's too late. To purchase, use [School Cash Online](#). **DEADLINE - April 28, 2023.**

PROM 2023

This year's Prom will take place on June 8th 2023 at the Terrace Banquet Centre. In order for grade 12 students to attend, the **attached** permission forms must be filled out and returned to the dropbox on the Google Classroom by **May 5th**. Any student under 18 years of age must have a parent or guardian sign their permission form. If a student is 18, they can Sign for themselves.

COMMUNITY INVOLVEMENT HOURS SURVEY

YRDSB is looking for input on the Community Involvement Hours Policy. Please complete the [survey](#) to provide your feedback.

ONTARIO STUDENT ASSISTANCE PROGRAM (OSAP)

For those students and families interested in learning more about the OSAP, we will be having a representative come to ECSS to provide a presentation for all students and families the evening of Wednesday, April 19th from 6:00 pm - 6:45 pm in the school library.

COLLEGE AND UNIVERSITY OPEN HOUSES & TOURS

Attending a college and university open house or tour is a great way to find out more about the campus, the programs, and the environment. Each post-secondary institution offers a variety of events throughout the year for secondary school students, and especially during the months of March and April. We encourage students and families to visit each institution's website to find out more details about in-person and virtual opportunities.



ATTENDANCE email:

emilycarrss.attendance@yrdsb.ca

SCHOOL email:

emily.carr.ss@yrdsb.ca

HELPFUL LINKS:

[ECSS Calendar](#)

[ECSS Website](#)

[YRDSB Website](#)

[ECSS Twitter](#)

[ECSS Instagram](#)

[York Region Public Health](#)

[Tips For Speaking With Your](#)

[Child - COVID-19](#)

[Mental Health Supports](#)

[School Mental Health](#)

[Ontario](#)

ACTIVITIES FOR STUDENTS AT PIERRE BERTON LIBRARY

- **Lit Teen Café** (to discuss what we've been reading and make fandom gear, play games, etc.) Thurs. Apr. 6 - 3:00-4:30pm at Pierre Berton. Drop-in.
- **Virtual Reality Club** Tues. Mar. 21 & Tues. Apr. 25 - 3:00-5:00pm at Pierre Berton. Drop-in.
- **Toastmasters**: public speaking and debate club at Pierre Berton on Tuesdays from April 4 to May 23 (7:00-8:30pm), followed by a debate program in May that will take the same Tuesday evening slot through to the end of June. Register via link.

SEMESTER 2 CULMINATING TASK/EXAM DAYS

During the Culminating Task/Exam days, June 19-27, 2023 students may be participating in Culminating Tasks and/or Exams. Culminating activities may include, but are not limited to presentations, performances, demonstrations, portfolios, conversations and conferencing, etc. Each class is unique and teachers will create schedules, based on the dates noted, that best support student achievement. This may or may not include specific activities during the exam period. Teachers will communicate expectations for culminating/exam days directly with students and families. **More details will be provided at a later date.**

Please note and review dates & times below:

- Students participating in culminating activities and/or credit salvaging may be asked to meet with their teacher at any point during the school day, even if it is outside of their regular class time.
- Students in Community Classes attend classes, as usual, during the culminating/exam period.

Culminating Task/Exam Days - ALL exams start at 8:30 a.m.

Monday, June 19, 2023	Gr. 12s ONLY - Exams/Culminating - Period 04 Classes Grades 09 - 11 - regular class/schedule
Tuesday, June 20, 2023	Gr. 12s ONLY - Exams/Culminating - Period 05 Classes Grades 09 - 11 - regular class/schedule
Wednesday, June 21, 2023	ALL Grades - Exams/Culminating - Period 01
Thursday, June 22, 2023	ALL Grades - Exams/Culminating - Period 02
Friday, June 23, 2023	Grades 09 - 11 - Exams/Culminating - Period 04
Monday, June 26, 2023	Grades 09 - 11 - Exams/Culminating - Period 05
Thursday, June 29, 2023	ALL Grades - Mark Review Day <i>*revised schedule below</i>



Mark Review Day

Mark Review Day, **June 29, 2023**, is an opportunity for staff and students to discuss their culminating tasks and review final marks. The schedule for the day is:

Period 01	8:00 - 8:35 a.m.
Announcements	8:35 - 8:40 a.m.
Period 02	8:45 - 9:20 a.m.
Period 04	9:25 - 10:00 a.m.
Period 05	10:05 - 10:40 a.m.
LUNCH	10:40 - 11:30 a.m.

The afternoon will be used for teachers to make appointments for individual consultation with students/parents as needed regarding credit salvaging where deemed acceptable, course selection consultation and/or support for the next level of study.



Emily Carr Secondary School

4901 Rutherford Road, Woodbridge, Ontario L4H 3C2
Tel: (905) 850 - 5012 Fax: (905) 850 - 7591

Ms. T. Paul
Principal

Ms. P. Borges
Vice-Principal

Mr. T. Drekolias
Vice-Principal

Emily Carr Secondary School Prom Package 2023

March 6, 2023

Dear parent/Guardian:

Emily Carr Secondary School is pleased to announce that we will be celebrating the 2023 Prom with our graduating students on **Thursday, June 8th, 2023** at The Terrace Banquet Centre in Vaughan. The evening will begin at 5:45 p.m. and end at 9:45 p.m. The evening events will include a dinner followed by a dance. Thanks to the efforts of the organizing committee comprised of students and teachers, Prom has become a wonderful celebration and successful tradition.

Please note that the administration and staff of Emily Carr Secondary School has not organized, nor does it sanction, any before or after Prom activities or events. Activities and events held before or after the prom, including all transportation arrangements, have been externally organized. School staff has not been involved in the planning and will not be supervising or participating in these before or after Prom events.

As the Prom is a school sponsored event, the school's Code of Conduct, Caring and Safe Schools policy and all school rules and procedures are in effect during the Prom. The use and/or possession of alcohol or illegal substances are not permitted at York Region District School Board events. Supervision at the Prom will be provided by volunteering school staff. In addition, security will also be on duty throughout the night.

It is strongly recommended by the school that parents/guardians review the attached Prom package with their child before making a determination on attendance. This review should include before and after activities, consumption of alcohol and/or illegal substances, transportation to and from the event and, appropriate behaviour.

Note:

- **As a reminder, parent/guardians of students under 18 and students over 18 are responsible to review and adhere to the COVID-19 and Child-Care Screening Tool in the days prior to the event**
- **The acknowledgement of the Prom Letter of Understanding MUST be signed and returned before Friday, May 5th, 2023 as well as payment for admission**
- **All admission costs are non-refundable and admission costs are non-transferable**
- **All students must be picked up by 10:00 p.m.**

Thank you for your co-operation. We are looking forward to a fun and safe celebration.

Sincerely,

Ms. T. Paul
Principal



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Letter of Understanding

Times

- Doors open at 5:45 PM
- Dinner will begin promptly at 7:00 PM
- Doors will close at 7:00 PM - **No one will be admitted after 7:00 PM**
- The Prom will end at 9:45 pm. All students must be picked up by 10:00 p.m.

Please Note

- Emily Carr Secondary School does not endorse any before or after Prom parties.
- The "Good Night Rule" will be in effect. You will not be allowed to re-enter the Prom if you leave for any reason. Bring everything in with you when you enter.
- Admission costs are NON-REFUNDABLE and only valid for original purchaser of the admission (and original guest).

Who May Attend and Admission Price

- Only students from ECSS may purchase admission. Students from ECSS are able to invite a guest. If you are inviting a guest, please read the guest section.
- Prom admission price: \$92.70 per person
- Admission must be purchased before the PROM. Admission to the Prom will not be sold at the door.
- **ECSS students will ONLY be admitted with E.C.S.S. photo identification AND proof of admission payment!**
- **Guests will ONLY be admitted with required photo identification AND proof of admission payment!**
- Students who are serving a suspension may not attend PROM, including their guest.

Student Attendance at school on Thursday, June 8th and Friday, June 9th

- Students who attend the Prom are expected to attend classes on Thursday, June 8th and Friday, June 9th.
- Absences the day of the Prom and the day following a school dance are not legitimate and parents must ensure students can balance going to the Prom and attending classes the day of the Prom and the following day.

Guests

- Registration of guests will be accepted prior to purchasing admission. Guests must read, sign and submit the "Emily Carr Secondary School Guest Application Form" prior to having their admission purchased.
- The supervising administrator has the right to refuse admittance to any person. All guests will be screened by the administration to determine attendance at Prom.



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- An E.C.S.S. student may sign for **one** guest only.
- When arriving at Prom, guests **must be signed in and accompanied by their host student**. The host student is responsible for the guest at Prom. Names, at time of purchase of admission, must be the same as on day of Prom. Admission that has been purchased is not transferable.
- Photo identification or a student card is required from the guest. Acceptable forms of photo identification include: student identification, driver's licence, health card, or passport. **All guests must provide one of these forms of photo identification upon arrival at the Prom.**
- Invited guests may not be older than 21 years of age.

Chaperones and Security

- E.C.S.S. staff will act as chaperones.
- Security shall be hired to enforce the Prom expectations.
- All coat must be checked in the coat check area provided.
- For safety and security, students will be asked to display contents of purses, bags, pockets and jackets.
- Access to adjacent banquet halls is not permitted.

Dress Code

- It is expected that all students will adhere to E.C.S.S.'s school policies.

Smoking and Vaping

- Smoking is not permitted inside the facility.
- Vaping is not permitted inside the facility.
- Students who leave the facility will not be allowed to re-enter.

Food and Refreshments

- The provided refreshments are to be consumed in the designated area only.

E.C.S.S. CODE OF CONDUCT

E.C.S.S. promotes responsibility, respect, civility, and academic excellence in a safe learning and teaching environment. All members of the school community have the right to be and feel safe. With this right comes the responsibility to be law-abiding citizens and to be accountable for actions that put at risk the safety of others or oneself. All members of the school community are to be treated with respect and dignity. The Code of Conduct applies to all members of the school community whether they are on school property, neighbouring properties, on school buses, or at school-authorized events or activities. Students must show respect for the Prom facility.



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Discipline

- The school code of conduct and safe school policy are in effect.
- Use/possession of harmful and/or illegal substances such as alcohol and drugs will result in removal from the Prom, suspension from school and may also result in criminal prosecution.
- Any student or guest arriving at a dance under the influence of drugs and/or alcohol will be refused admission and referred to the administration.
- Any serious breaches in student conduct will be reported to the administration.
- Students and/or guests who are removed from the Prom will not have their admission cost refunded.
- If a student host is removed from the Prom, their guest will also be asked to leave

Expectations

Students are to be treated with respect and dignity. In return, they demonstrate respect for themselves, for others and for the responsibilities of citizenship through acceptable behaviour. Respect and responsibility are demonstrated when a student shows respect for themselves, for others and for those in authority; refrains from bringing anything to school events that may compromise the safety of others; follows the rules, and takes responsibility for their own action. Members of the school community have a responsibility to maintain an environment where conflict and difference can be addressed in a manner characterized by respect and civility. Students will be expected to observe and be accountable to the Ontario Safe Schools Policy and the York Region District School Board Caring and Safe Schools Policy.

Improving Student Behaviour (from E.C.S.S. Student Handbook)

Improving student behaviour will include such things as counseling, detentions, written explanations, parent contact, student contract, peer mediation, restorative practice, withdrawal of privileges, confiscation of inappropriate items, referral for assistance, police intervention, restitution, suspension from school and/or expulsion.

The E.C.S.S. Code of Conduct is based on the "Ontario Schools: Code of Conduct" and regulation 298, Section 23 from The Ontario Education Act.



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**Please sign and detach from rest of Letter of Understanding.
Retain pages 1-4 for your own reference.**

STUDENT ACKNOWLEDGEMENT

I understand that a failure to abide by these expectations may result in removal from the PROM and that admission cost will not be refunded.

Print Student Name: _____
First Last

Student Signature: _____

Home Telephone Number: (____) _____ - _____

Cell Phone Number: (____) _____ - _____

Do you have any dietary restrictions and/or allergies? ☐ YES ☐ NO

If you replied YES to the above question, please list your dietary restrictions and/or allergies:

PARENT ACKNOWLEDGEMENT

- ✓ I understand that if my child fails to abide by the expectations, they may be removed from the Prom.
- ✓ I also understand that the school does NOT support before or after Prom activities or transportation.
- ✓ I understand admission is non-refundable and non-transferable.
- ✓ I understand all students must be picked up by 10:00 p.m.

Parent / Guardian Name: _____
First Last

Parent/ Guardian Signature: _____

Prom admission price is \$92.70 per person

Emily Carr Secondary School 2023 Prom Guest Application Form

Guest Application to Attend the Emily Carr Secondary School Prom at The Terrace Banquet Centre on Thursday June 8th, 2023.

PART A: HOST STUDENT INFORMATION

Name: _____
Grade: _____ Cell #: _____

PART B: GUEST INFORMATION (age 21 or under)

Name: _____
Age: _____ Home Address: _____
Cell #: _____ Home #: _____

☐ I am attending high school. If you attend a high school *other* than Emily Carr Secondary School, please complete **Part C** below and attach a photocopy of your student ID.

☐ I am attending post-secondary or working.

Name of institution or workplace _____

Please attach a photocopy of your photo identification

Do you have any dietary restrictions and/or allergies? ☐ YES ☐ NO

If you replied YES to the above question, please list your dietary restrictions and/or allergies: _____

Guests must follow the rules and regulations outlined in the Safe, Caring and Supportive Schools policy which can be found at www.yrdsb.ca and the Emily Carr Secondary School Student Code of Conduct and policies found in our Caring and Safe Schools handbook. Failure to do so may result in any of the following for both the guest and host student: removal from the event; parent/guardian contact; referral to your school administration; police involvement; no refund

I agree to

- ✓ Emily Carr Secondary School contacting my school /parents/guardians/reference/workplace
- ✓ provide proof of identity with official photo ID (student ID card/driver's license)
- ✓ respect all those in attendance, and follow the direction of supervisors
- ✓ not be under the influence or in possession of drugs and/or alcohol
- ✓ not smoke or vape on the premises
- ✓ display the contents of bags/purses/jackets/personal belongings as a condition of entry
- ✓ the confiscation of any inappropriate items as identified by supervisors
- ✓ leave the event without compensation if either I or my host student is asked to leave or has to leave for any reason
- ✓ make arrangements to be picked up by 10:00 p.m., the end of the prom

I have read, understood and agree to abide by all items addressed on this form.

Guest Signature: _____ Date: _____
Guest Parent/Guardian Signature: _____ Date: _____
Guest Parent/Guardian Cell #: _____ Guest Parent/Guardian Home #: _____
Alternate Guest Emergency Contact Information
Name: _____ Contact Phone #: _____

PART C: TO BE COMPLETED BY THE PRINCIPAL /VICE-PRINCIPAL OF GUEST'S SCHOOL

School Name: _____ Phone #: _____
Principal/Vice-Principal: _____
Print Name Signature

☐ This guest is recommended to attend the Emily Carr Secondary School prom.

Place school stamp in the area below

☐ This guest is NOT recommended to attend the Emily Carr Secondary School prom.

To be completed by Emily Carr Secondary School Administration

Permission granted to purchase admission to the 2023 ECSS Prom ☐ YES ☐ NO
ECSS Principal/Vice-Principal Signature _____

This completed GUEST APPLICATION must be submitted to an administrator for approval before purchasing admission.

Admission is **non-transferable** and will only be honoured if presented by the original purchaser.



PARENTING SESSIONS

Let's talk about it!

Children do not come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

**We welcome all parents, guardians, caregivers and community members
to attend these virtual sessions!**

April 5, 2023 | 10:00 a.m. – 11:30 a.m.

Raising Competent Teens

For parents of teens and tweens. This session will focus on strategies for your child to develop communication skills, self-discipline, good routine and problem solving skills.

[REGISTER NOW](#)

April 19, 2023 | 10:00 a.m. – 11:30 a.m.

Getting Teen Connected

For parents of teens and tweens. This session will focus on strategies to build your child's confidence, encourage social skills, plan and meet commitments and developing positive, supportive friendship.

[REGISTER NOW](#)

April 25, 2023 | 6:30 p.m. – 8:30 p.m.

Separation Anxiety

For parents 0-12 years of age. Whether your child is starting daycare, school or summer camp this session will help parents learn about the signs and symptoms of separation anxiety. The focus will be on strategies to calm your child's separation anxiety and how to better prepare your child for the transition.

[REGISTER NOW](#)

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



These free virtual presentations for parents and caregivers are brought to you through a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information, please contact Oksana Majaski,
YRDSB Community & Partnership Developer via email at Oksana.majaski@yrdsb.ca



South Asian and Tamil Youth Conference

Grades 7 to 12

To honour South Asian Heritage Month, the York Region District School Board in partnership with [The South Asian and Tamil Women's Collective](#) invites self-identifying South Asian and Tamil, female and gender non-binary, grades 7 to 12 students to attend our **2023 South Asian & Tamil Well-Being Conference**.

Students will participate in a day of culturally responsive, identity affirming mentorship and learning in support of their agency, health and well-being.

When

Saturday, May 6, 2023 from 8:30am – 2:30 pm

Where

[Pierre Elliott Trudeau Secondary School](#)

90 Bur Oak Ave, Markham, ON L6C 2E6

Registration

Students are to register through this [Conference Google Form](#).

Students should also bring the completed [consent](#) for filming form to submit at the conference.

Contact

For more information, please contact:

nusrat.sacranie@yrdsb.ca or hshah@ccsyr.org or
sana.aliqureshi@gmail.com or ayesha.syed@yrdsb.ca



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Student Mental Health and Addictions Newsletter

April 2023

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Celebrating Neurodiversity

Dear Families,

In this edition we will focus on celebrating neurodiversity within our student population. We recognize [Autism Acceptance day](#) through highlighting strengths, characteristics, resources, and celebrating the spectrum; we want to acknowledge that families are the core support. There are many ways of thinking, learning or acting and we know that the uniqueness between us as people is to be celebrated and acknowledged. This year, we are moving to increasing acceptance.



For families who are looking to increase their understanding in supporting Autistic people, [Kerry's place](#) offers a great [Resource Portal](#) where there are [videos](#) and [handouts](#) with helpful information to expand understanding of Autism. [Kinark Autism Services](#) has created a [spring guide](#) for services available from April to June 2023 for families connected to the [Ontario Autism Program](#) for free. They also have free [Parent & Caregiver Education](#) that is available to all families.

[Autism Ontario](#) provides informational resources about the intersection between Mental health and Autism. They share how Autistic youth who also experience [Anxiety](#) may find sensory support or art therapy helpful. Sensory calming



YRDSB Mental Health

techniques may include a fidget object, or making sure to have noise cancelling headphones accessible. Art therapy can help many people share feelings in a creative way- this can look like painting or picking up a musical instrument!

It is important to acknowledge the diversity in experience and characteristics of Autistic youth, and learn alongside while solving problems, coping with challenges and expressing joy. When we talk about Autistic youth, it is important to note the [identity first language](#) used as this is preferred by most Autistic people. We do encourage people to check in with each person to see what language fits best for them.

Free Community Programs:

Learning Disabilities Association of York Region

- [Parents Support Group](#)- Free, monthly, virtual Zoom
- April 13th 2023, May 11th 2023, June 8th 2023
- [Online Registration](#)

Kerry's Place for Autism

- [The Rec Room](#)
 - Leisure-based online social group.
 - Mondays, April 3, 2023 to June 26, 2023
 - 4:00pm to 5:00pm
 - This group aims to increase opportunities for social interactions, fostering friendships, and having fun
 - Free to participate adolescents with Autism Spectrum Disorder (ASD)
- [Virtual Jam Session](#)
 - Leisure-based online music group,
 - Tuesdays, April 4 to June 27, 2023
 - 6:00pm to 7:00pm
 - All ages with ASD
 - Participants join in by listening, singing along, dancing, or playing their own
- [Caregiver Non-Violent Crisis Intervention](#)
 - Saturday, April 29, 2023
 - 9:30am to 1:00pm



YRDSB Mental Health

- Caregivers program who would like to enhance their skills in managing crisis situations, and learn about de-escalation techniques. Limited spots available.
 - [Online Registration](#)
- [Sibling Hang](#)
 - Thursday, April 27, 2023
 - 4:30pm to 5:30pm
 - No cost group program for youth ages 13-17 who have a sibling with a diagnosis of autism.
 - Group members will have the opportunity to learn more about ASD, and ways they may support their siblings.
 - This month's topic will be "Minute to Win it".
 - [Online Registration](#)
- [Fundamental of Autism Spectrum Disorder](#)
 - Saturday, April 22, 2023
 - 9:30am to 12:00 pm
 - Free virtual program for parents and caregivers, and community members, interested in learning more about Autism Spectrum Disorder (ASD).
 - Common characteristics of ASD, possible strengths, needs, learning styles and profiles of persons with ASD will be introduced.
 - [Online Registration](#)

York Support Services Network

- [Caregivers connecting Chat Group](#)
 - April 12 , 11:00- 12:00
 - Peer Mentor Program hosts monthly virtual family drop-ins for parents or caregivers of children or adults with a developmental disability
 - [Online Registration](#)
- [Resource Day](#)
 - April 18, All day. Book a 1 hour session
 - Need help understanding the developmental services system?
 - Book a free, 1 hour session, with a case manager to discuss and ask important questions related to your situation.
 - To register call: 905-953-8354 or 1-833-953-8354
- [Mental Health Housing and Navigation Day](#)
 - April 18, All Day, Book a 1 hour session
 - Need help figuring out mental health resources and how to access



YRDSB Mental Health

available services in York Region and South Simcoe?

- You can book an appointment to meet with a case manager to help navigate York Region's Mental health, financial and shelter system.
- [Online Registration](#)
- [Transition Resource Day](#)
 - April 7, 12, 21, 26 All Day, Book a 1 hour session
 - Need help understanding the developmental services system and transition planning? Do you have an IEP? Book a free, 1 hour session, with a transitional planner to discuss and ask important questions related to your situation.
 - Discuss the differences between elementary and high school, share tips and strategies to help you and your child prepare for life in high school, fill out forms and applications (e.g. ODSP, SSAH, Mobility Transit, etc.), find resources, build on skills, share options for after high school and adult life
 - Registration can be done through emailing cmacdonald@yssn.ca or calling: 905-953-8354 or 1-833-953-8354 ext. 2245
- [RAMP Up Group, Relationships: Investing in Social Connections](#)
 - April 25, 1:30- 2:30
 - 16+, strengths-based, open group created from the principles of Positive Psychology
 - [Online Registration](#)

Yorkhills

- [York Hills Events – April](#)

ConnectAbility.ca

- [List of Family Groups operating in Ontario.](#)

Supportive Resources:

[YorkHills Here to Help Line](#) (905-503-9561)

The Here to Help Line is a free service available to children/youth (0-18 years) and their parents/caregiver/adult supporters. Monday to Thursday from 2:00pm-7:00p.m

[Family Services York Region](#) (905-895-2371)

Virtual walk in is operated on a first come, first serve basis, and can be accessed once per month. Virtual appointments can be 15 minutes to 1.5 hours long depending



YRDSB Mental Health

on your specific needs. Monday, Tuesday, Thursdays from 10:00 a.m. to 5:00 p.m.

[YRDSB Mental Health Resource Page](#)

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account [@YRDSB](#)

Follow YRDSB Mental Health on Twitter [@MH_YRDSB](#)

PFlag

- [Coffee Night](#), held every second Monday of the month, is a safe space where members of the LGBTQ2 community, their friends, family or allies can come together.
- [Online Registration](#)

Family Services of York Region

- [Free to be](#)
 - Free virtual group for parents/caregivers of gender diverse children, regardless of age which meets once a month.
 - Second Tuesday of each month
 - 6:30 to 8:00 p.m

This edition of the Newsletter was written by the Student Mental Health and Addictions Strategy Implementation Team 2022-2023, inclusive of YRDSB School Social Workers Kate Phillips, Nicole Gough, Afsaneh Zafarani and Master of Social Work student, Sylvia Kuria.

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